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# Moods of the year





You are caught in an unexpected shower.



You run outdoors in shorts and get goosebumps.



You dye Easter eggs.



You jump in puddles and your shoes stick in the mud.

Your allergies make you sneeze.



You have your first ice cream of the year.



Spring is... running outdoors in rubber boots that sink into the mud with a squelch. Taking a deep breath and filling your nostrils with the fresh smell of rain. You see bright green, new leaves and blossom all around. You can play outside a little longer in daylight. How else do you know that spring is here?

You make muddy footprints.



You see this year's young animals.



You gather flowers that have a heady smell.





# Autumn





# In nature

With the warmest season of the year over, the time has come to prepare for winter. When temperatures drop, plants and creatures alike must save as much energy as possible. As flowers lose their blossom and trees shed their leaves, animals prepare for their winter rest. Nature gets ready to go to sleep...

Leaves change colour and fall from the trees.

It is drizzly, misty, and the wind blows through the meadows.

Some creatures prepare their winter stores.

Birds fly off to warmer climes.

Nature smells damp.

# Around us

People often slow down in autumn, because the days are short, and the weather is unpromising. But autumn has many lovely things that we don't experience at other times.

Make decorations with colourful leaves and autumn fruits.

Make a kite and see how it flies.

Drink rosehip tea.

Go outside, even if you don't feel like it.

Prepare a theatrical performance.







Winter





You sip hot cocoa.

Your fingers and cheeks freeze and turn red.

Winter is here. Hurray! The landscape falls silent under a blanket of snow before the silence is broken by the bell-like voices of children. Your feet sink into snowdrifts, you slip and slide, and the snow crunches underfoot. You get on your sledge and whizz down the hill. How else do you know that it's winter?

You see the first snow from the window.

You are wearing so many layers that you can barely move.

You admire the shapes of snowflakes.

You help bake gingerbread.

You unwrap Christmas presents.

Your glasses keep steaming up.

A blizzard rages outside while you read your favourite book.



# In nature

Nature is sleeping in a frosty embrace, sometimes under a blanket of snow. Creatures that didn't flee to warmer climes before winter are in hibernation or at least conserving their strength. Although winter can be cruel to them, they are ready for it.

Trees have  
**lost** their  
leaves.

Animals have  
grown warm  
coats.

Snow and ice work  
magic by creating  
**amazing**  
patterns and  
shapes.

Some creatures are  
hibernating.

Nature has lost  
most of its  
colours.

# Around us

On frosty days, humans, too, are in the mood to relax. Be sure to dress properly and you'll find that there's a lot of fun to be had outside. Winter revels are among the best! Afterwards, a return to the warmth of home feels all the more deserved.

Build  
a bunker or  
a den.

Be **bored**.

Watch  
birds at the  
feeder.

Track  
animals in  
winter's  
nature.





**L**et's jump into some lovely cooling water... When is the best time to do it? Winter? Autumn? No! Summer, of course! We associate each season with unforgettable things to do. Each season is different. Each enchants us with its colours, tastes and smells. What does autumn smell like? What does summer taste like? What colours does spring have in abundance? We can always delight in our year's moods and be glad that the weather may change at any moment. Which season is your favourite?