





#### strong arms, nimble legs

My name is Beth, and I'm a police officer. I spend all day on my feet and on the alert, so I must keep fit. I work out every morning, running over short distances, to be sure to get where I need to be quickly, and long distances, in case I need to catch a thief. If I just stood there shouting, 'Wait for me, thief,' you can bet he wouldn't! I must work on my muscles, too, because I need to overpower offenders who refuse to give up, and to keep a steady hand when I shoot.

### what is an offender?

An offender has committed an act of wrongdoing. Offenders include thieves, robbers or violent people who threaten others.



## 3. Thieves belong in prison

Not everyone in the world is kind. Some people are keen to make money without working for it. They include thieves on the lookout for things to take from others' pockets, handbags and backpacks, including ladies' purses and gentlemen's car keys. But my colleague Mark and I are eagle-eyed: no thief escapes us with the loot. 'Stop or I'll shoot!' I shout. And before the bandit knows what is happening, he finds himself behind bars.

## Why do police officers have guns?

Sometimes a police officer encounters a dangerous criminal or two. She couldn't overpower them unarmed, but with a gun in her hand, she makes short work of them. Often it is enough just to show it.

# **Coast Guard Coastal** patrol Police officers move around town on foot, on horseback, in cars and on motorbikes. Mark and I most like working with the coastal police. We drive a motorboat and inspect everything that's going on through binoculars. We check that every boat has a lifebuoy. We try to make sure that no one falls into the water, and that boats don't collide. We speed to the aid of people in trouble. 'Step on it, Mark! Someone has

What are binoculars?

fallen in over there!'

Binoculars are a great help. They enable us to see faraway things as if they were close. Through binoculars, Beth sees that someone is drowning, and so she can go to their aid.





#### **Police Officer Beth**

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Police Officer Beth is here, there and everywhere. When she's not directing traffic, you might see her on horseback or even on a boat. She takes no pity on thieves, putting them behind bars in an instant. Move the pop-up pictures to share in her action-packed day.





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