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B4U PUBLISHING

## How it all began ...

The prince slipped the tiny shoe on Cinderella's foot; it fit her like a glove! "Hurray, hurray, this is my bride, my true beloved!" rejoiced the young man, and so did Cinderella. And why wouldn't she? At last, it seemed like she'd be able to move away from her evil stepmother and step sisters. But there was a catch! The prince's mother, the queen of the land, wasn't going to let her son marry just about anyone. The future king's wife needed to have proper manners. So the queen invited Cinderella to her castle, to learn who this girl was. And the dear Cinderella messed up thoroughly—she failed to tidy herself up or whatever, well, at any rate the prince's mum was horrified. (And what about you, kids?)



“We must do something about this, Cinderella,” reprimanded her the prince. “Don’t you know that people need to be clean and tidy when in public? That they need to have combed hair, clean hands with no dirt under their fingernails and clean teeth? What should we do? Into the bathroom, girl, quick, the queen’s dragon will take care of you.”

And it’s not just a matter of one’s body! Even your clothing must be spotless! Forget about wearing soiled, sweat-drenched, wrinkled items! Your underwear must be fresh as well, and it’s essential that you change it every day. And keep in mind that shiny, polished shoes are a mark of a civilized person.”

## TIME FOR THOROUGH HYGIENE!

### Brush your hair

Comb your hair, especially if it’s long ...



### Wash your hands

There’s dirt under the fingernails? Hold up! We need to get a brush to deal with this.



### Brush your teeth

Squeeze a bit of toothpaste onto the toothbrush and your teeth will be pearly white in no time!



### Take a bath

... All that’s left is a proper bath! C’mon, stop hiding!



# At the table

The spanking clean, coiffured Cinderella presented herself to the queen once again. This time, the queen smiled, forced to admit her son actually had excellent taste. Cinderella looked beautiful. And because the clock had just struck noon, the ruler invited the girl to join her at the table, to enjoy a festive lunch. After all, the test still wasn't complete and one can learn quite a lot from the way a person behaves at the table. And learn the queen did. Cinderella dug in so enthusiastically she sent bits and pieces of the choice delicacies flying everywhere. And once she was finished she licked the plate clean so well the royal dishwasher didn't even have to wash it. The queen couldn't bear it any longer and left in the middle of the feast.



“All right, Cinderella, if I managed to learn this you will too,” flared up the dragon and rushed to the girl. “Listen carefully, it’s time for your cutlery lesson.”

# OH, THE DASTARDLY CUTLERY!

## Eating soup

Tilt your soup plate slightly towards you and ladle the soup up with a spoon. Don't slurp the soup directly from the plate, and never lift the plate in the air! If you do, the soup might end up in your lap instead of in your stomach ...



## Using chopsticks

People in Asian countries use chopsticks instead of cutlery. Hold them between your thumb and index finger. Control the top chopstick with a bent index finger—if you want to take a bite, lightly press the top chopstick against the bottom one, place the bite into your mouth, and release the grip. The bottom chopstick remains motionless.



## THE SECRET LANGUAGE OF CUTLERY

Wait, I'm not done yet!



Waiting for another course ...



I'm completely full.



Yum, so delicious!



Didn't enjoy this one ...

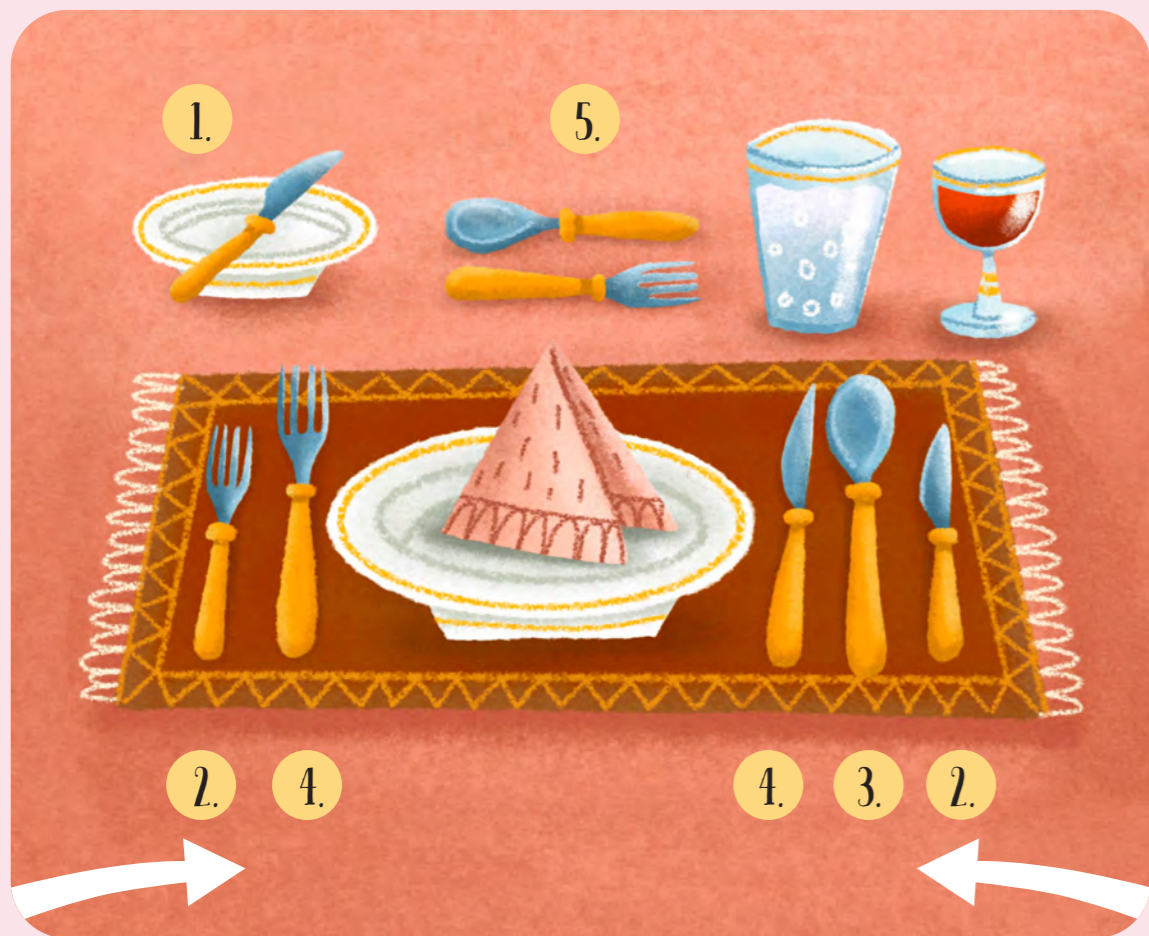


## Cutlery

Cutlery, that's fork, knife, and spoon. Use a spoon to eat soups and porridges; forks and knives are meant for other courses. Never lick the knife or your plate. Never drink the water left over from canned fruit or salad dressing.

## Multi-course menu

Plates can sometimes be surrounded with a lot of cutlery—typically when multiple course are being served. Don't be afraid, simply use the cutlery that's the furthest away from your plate as individual meals are being placed on the table.



1. Butter knife
2. Appetizer cutlery
3. Soup spoon
4. Main course cutlery
5. Dessert cutlery

## Eating spaghetti

The Italian spaghetti can be quite a tough nut to crack! But not if you learn how to twirl it onto your fork round and around ... Farewell, smudged cheeks!



Who knew royal feasting was such hard work! Having completed the difficult lesson on cutlery Cinderella heaved a tired sigh, her head buzzing like a beehive due to all those forks, spoons, dessert spoons, knives big and small. I need to go outside, to enjoy some fresh air, she thought

and scrambled out of the chair. “Oh no, Cinderella, we’re not done with dining yet!” commanded the little dragon and brought the worn-out girl back to the table. “There’s still a lesson on napkins and on how to eat different foods.”

## NAPKINS, TOOTHPICKS, AND OTHER NECESSITIES

### Blowing your nose into a napkin?

Feel like blowing your nose into a napkin? Don't. Before you sit down at the table, place a cloth napkin on your knees, leaving the paper one lying by the left side of your plate. You'll be using both to wipe your mouth clean.



### Where do you put your spoon?

When a cup of tea is placed on the table, stir in sugar with the teaspoon that's been brought with the cup, and immediately lay the spoon on the dish! Never drink the tea while the spoon's still in the cup! You might poke your eye out!



### Rules for picking your teeth

Toothpicks are important when a piece of food gets stuck between your teeth. But never use them at the table! Always take them to the bathroom. And don't even think about picking your mouth with a finger! Not to mention your nose.



### Where do you put fruit stones?

Sure, it might be a great fun to shoot them across the table, but restrain yourself, Cinderella! Instead, place the pits on the dish under the bowl.



# Yay, the bus!

Now that Cinderella learned the rules of dining, the queen decided to introduce her to her friends, to see what they'd think. Since they lived at the other side of the town, Cinderella and the queen had to find a way to get there. But how since the royal carriage had broken wheels? "I should have had it repaired a long time ago," murmured the queen as they were boarding a crowded bus. "The ride would have been more comfortable and most importantly I wouldn't have witnessed such a fiasco! I mean, what is this? Dragon, tug on Cinderella's skirt to stop her from forcing her way forward. Doesn't she know you have to allow people to get off first?"



Oh c'mon, Cinderella, put some elbow grease into it, otherwise you'll never marry the prince, thought the dragon as he dragged the girl away from the door, holding her by the skirt. "When a public bus comes, you don't push or force your way forward to reach a vacant seat."

## MAKING YOURSELF AT HOME?



Your ice-cream might stain a passenger's T-shirt.



Loud music might annoy others.



Even the nicest shoes can stain a seat.



Leave the stunts for the playground.



A rucksack takes up a lot of space when worn.



Wait by the door for the last passenger to get off and only then can you get on. And no pushing or jumping the queue! And if you manage to find a seat, vacate it if an elderly, sick, or pregnant person gets on."

## MUCH BETTER ...



You can drink but only from a bottle.



No one minds if you read silently.



Shoes feel best on the ground.



Better hold tight when the bus is turning.



Your rucksack doesn't take much space on the floor.





Eating soup correctly



Eating soup like a dog

# HOW TO BE AS POLITE AS A DRAGON?

Written by Štěpánka Sekaninová  
Illustrations by Martin Šojdr

You need more than a few magical mice to turn the grubby Cinderella into a beautiful, well-mannered princess. What you need is a couple of lessons in royal etiquette. Fortunately, Cinderella is quick to learn and willing to stop spitting cherry pits if it pleases her prince. Join her in learning how to take care of yourself, who greets whom first, how to eat spaghetti, and what all those spoons, forks, and many other things are for. A cute little dragon will assist you gladly. And who knows, perhaps he and his mistress, the strict queen, will in turn learn something important from the playful Cinderella ...  
Wait and see!



Loud music might annoy others ...



Reading quietly annoy no one



Shaking hands correctly

LEARNING ABOUT ETIQUETTE



Crushing another person's hand

EAN + ISBN

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WARNING:  
Choking hazard.  
Not suitable for children  
under 36 months.

