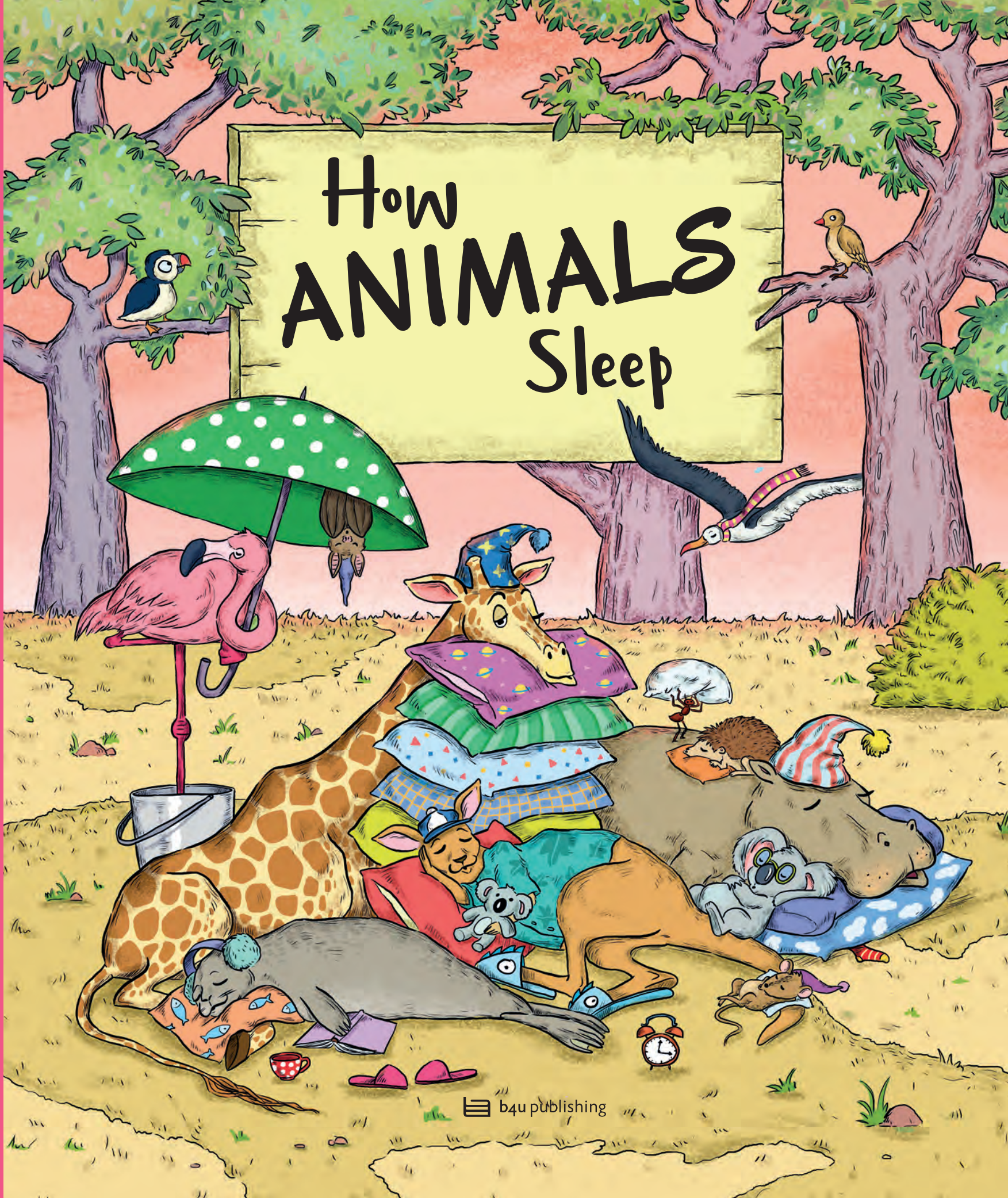




# How ANIMALS Sleep



# How ANIMALS sleep

STANDING UP

SLEEPING ON ONE LEG, UPSIDE DOWN, IN WATER, IN A BALL UNDER LEAVES OR LIKE HUMANS ON THEIR SIDE WITH PAWS UNDER THEIR HEADS.

## Pillows?

Some animals have them

SOME ANIMALS' NESTS LOOK SIMILAR TO HUMAN BEDS.

THEY HAVE THEIR PILLOWS MADE OF LEAVES WHICH HAVE FALLEN OFF THE TREES.

What do they dream about?

Nobody knows yet. Perhaps about the places where they could find something to eat.

A GIRAFFE HAS THE MOST COMPLICATED POSITION FOR SLEEPING.

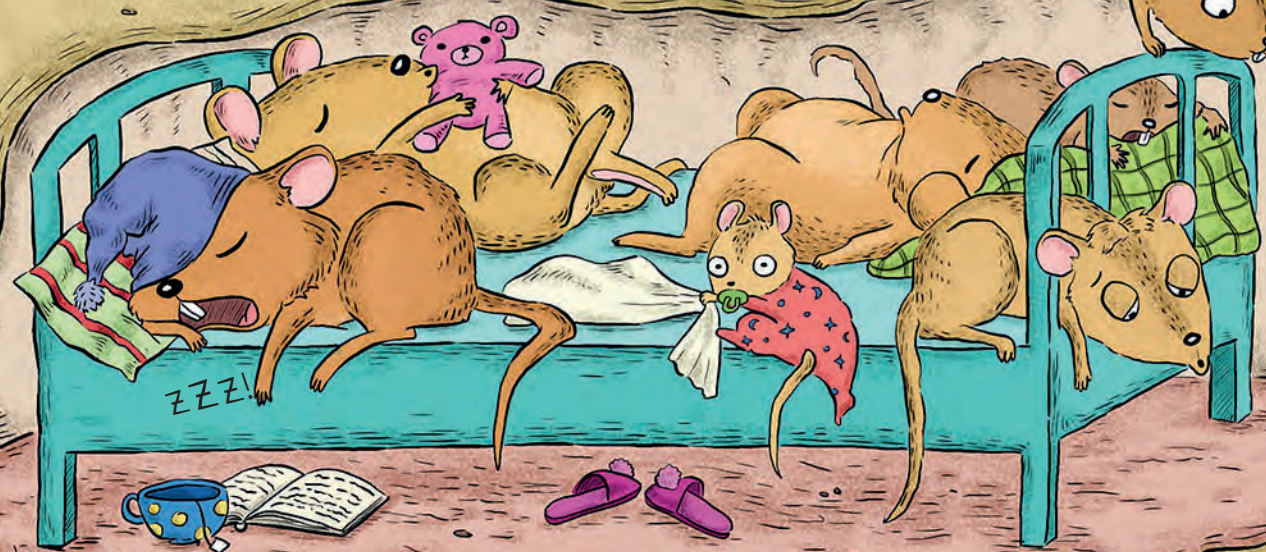
FASCINATING!

Mainly birds and mammals have dreams but also such small animals like ants can dream.

# How a GERBIL sleeps

Sometimes it also must protect itself against THE HEAT so it simply to get back into its burrow.

IT COMES FROM ASIAN DESERT, SO IT IS USED TO ENORMOUS HEAT AND DROUGHT.



Push, grab, thump and start snuggling

SNUGGLED UP TO EACH OTHER GERBILS SLEEP IN THE BURROWS WITH SMALL TUNNELS WHICH THEY DIG.

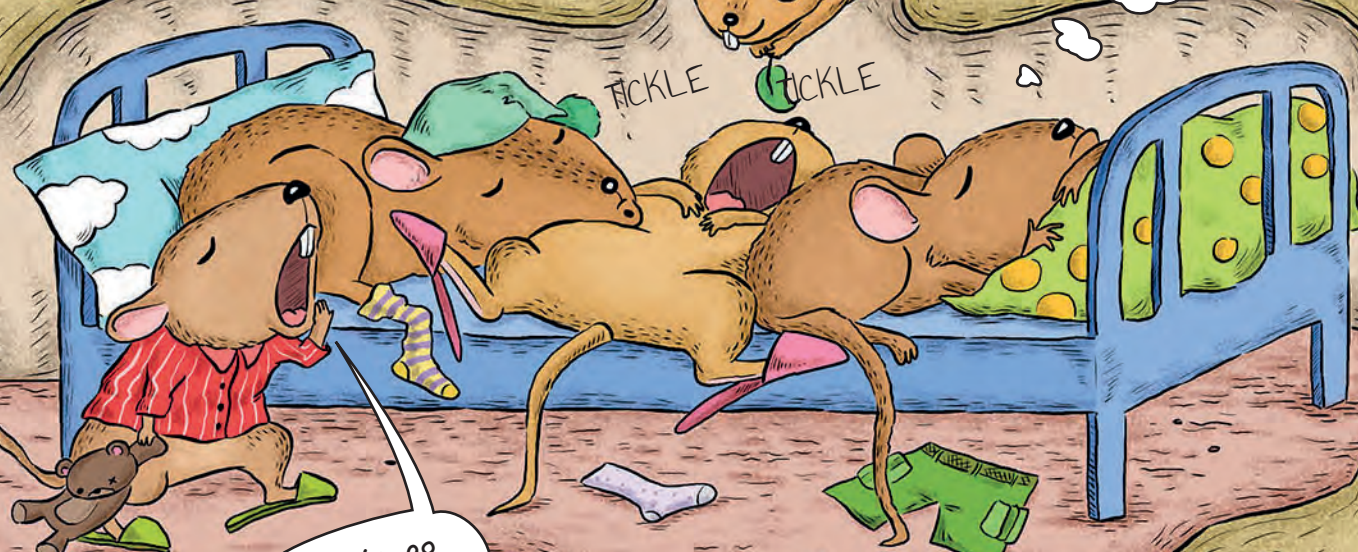
The tunnels are relatively complicated, they wind and wind...

GERBILS ARE FAST CURIOUS CUTE

Smash! Bash! What noise IS HERE?

Yummi! I like grass seeds most of all...

THE GERBIL IS A QUIET ANIMAL, BUT WHEN IT STARTS TO GNAW, SCRATCH, TEAR AND TAG THINGS AROUND, THE SILENCE STOPS AT ONCE.



Let's go to bed.

There is nothing like having a good snooze!

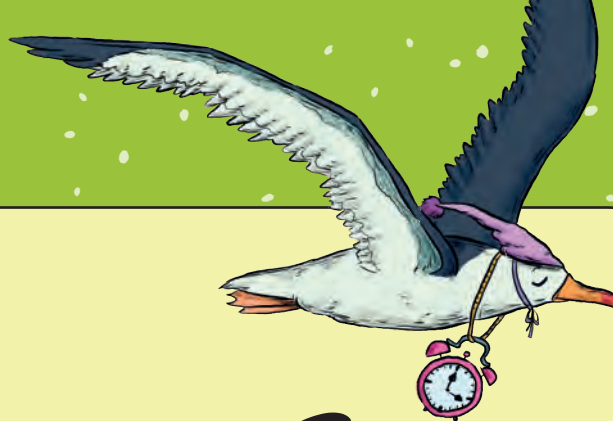
GERBILS SLEEP AT ☀ AS WELL AS AT 🌙. THEY ARE AWAKE ONLY A FEW HOURS AND THEN SLEEP AGAIN.

What does a gerbil do?

IT PREFERS DIGGING AND

**GNAWING**

AT THE SAME TIME IT SQUEAKS AND TWITTERS LIKE A BIRD.



# How ANIMALS Sleep

3+

A REMARKABLE  
BOOK WITH  
*Playful*  
TYPOGRAPHY

WRITTEN BY PETRA BARTÍKOVÁ & ILLUSTRATED BY KATARÍNA MACUROVÁ

Whether in a burrow, up in a tree, with head hanging down, deep underwater or in flight with one eye open, animals, too, need to sleep to gather strength for the new day. But the way they sleep is very different from how humans do it, as is the length of time they sleep for. While we spend just eight hours a day snuggled up in bed, and sometimes fewer, some animals sleep for twenty hours at a stretch. Imagine that! The koala, for instance, basically sleeps its life away as it lounges about in the branches; and when it doesn't happen to be sleeping, it eats. A strange creature, wouldn't you say? Do animals dream? If you think not, you're way off the mark.

Even ants have dreams!




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member of Albatros Media Group, 2017.

ISBN EAN



 WARNING: CHOKING HAZARD  
Small parts. Not suitable for children  
under 36 months.