





Bread, in the form of unleavened flat cakes, was first baked more than eleven thousand years ago. People later discovered that the bread was even tastier if the dough had been left to rise. This rising of dough is due to small living organisms called yeasts, thanks to which the dough expands to several times its size. One legend says that this was discovered by a Greek woman from Athens, who had left bits of dough in a clay amphora.

## **EGYPT**

Another legend traces the discovery back to Ancient Egypt, where someone supposedly left some dough in the sun which started to rise. with the help of our

**BREAD COOKBOOK** 

## **PUNISHMENT**

It looks easy but to make good bread is a piece of art. There were times when cunning bakers who cheated and did not bake good bread were punished by being hung into a basket and soaked in water.

O. Rusicka, a. Helmerová

## HOW THINGS ARE MADE

FOR AGE:

A BOOK FOR VERY YOUNG READERS THAT SHOWS SIMPLY, CLEARLY AND STEP BY STEP HOW THINGS WE USE EVERY DAY ARE PRODUCED.

Procedures clearly illustrated in six large-format,

foldout maps. Do you know how a spoon is produced? Before we can begin to make this apparently simple thing we need to get some iron ore for the production of iron. Before we can make iron, we also need to mine coal and limestone. The coal must be made into coke; the iron produced must be refined so that it becomes steel, and only after that can it be shaped and moulded into a spoon. Even the production of such a seemingly simple object requires the work of many people of various professions and knowledge in a range of fields. The production of bread, T-shirts and simple glassware, for instance, is similarly complex. Each of these apparently ordinary objects can be produced only from individual components, and each of these components must be mined, acquired, manufactured or produced by other means. Although our book is about objects in the commonest everyday use, thanks to the description of how these are produced child readers will learn a great many interesting things.

The same of the sa

BOOKLET

where does yeast

come from?

BOOKLET
how to grow wheat

BOOKLET

how is salt

produced?

BOOKLET how does the mill work?

BOOKLET

what happens

in the bakery?









chair



Book



SPOON

GLASSWARE



BREAD



ISBN + EAN



△ WARNING: CHOKING HAZARD Small parts. Not suitable for children under 36 months. © B4U Publishing s.r.o., 2015 Graphics Design: Roman Havlice Designed by B4U Publishing s.r.o. www.b4upublishing.com