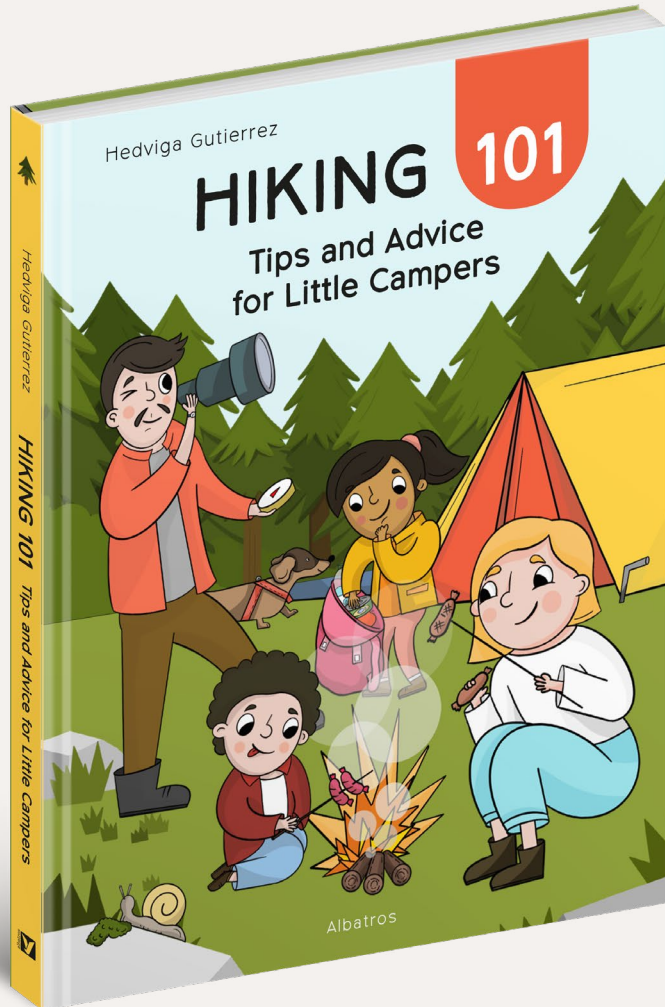




albatros

HIKING 101 TIPS AND ADVICE FOR LITTLE CAMPERS



GUIDE FOR TEACHERS

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Curriculum: Plant and Animal Interactions; Reading Informational Texts

● AGES 6-9 ● GRADES 2- 4 ● LEXILE MEASURE: 780L ● ISBN: 9788000072944

BEFORE READING

Essential Questions

1. How should you properly pack your backpack before a hiking trip?
2. What are smart clothing and gear choices for a hiking trip?
3. What are some nourishing foods and snacks to enjoy while on a hiking trip?
4. What safety precautions should we consider?
5. How do we set up a tent?
6. What are some activities that we can do outdoors in the countryside?



Discussion Questions

Read the title and look at the cover illustrations. What do you notice? What do you expect to learn in this text?

Browse through the text to see if this is a fiction or nonfiction text.

How does this text look different from others you have read?

What are some topics that will be discussed in this book? Is there a special part of the text that helped you figure out what topics are included?

What do you know about camping? What questions do you have about camping? Record your prior knowledge by completing a KW chart:

KNOW	WONDER

BEFORE READING

Text Features

Authors of nonfiction texts use text features as part of their writing to help readers find information quickly and to better understand what they are reading.

As you preview the text, circle the text features below that you notice the author using to help you understand the content.

TABLE OF CONTENTS

TITLES AND SUBTITLES
(OR HEADINGS AND SUBHEADINGS)

DIAGRAMS

PHOTOS/ILLUSTRATIONS

LABELS

MAPS

CAPTIONS

SIDE BARS

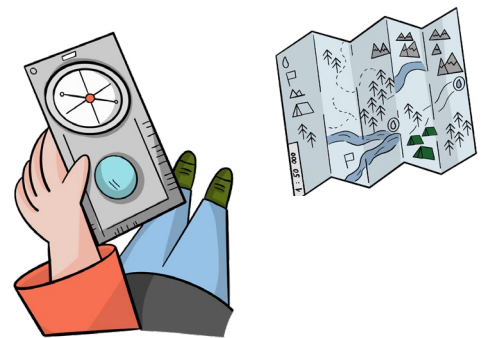
BOLDED TEXT

CROSS SECTIONS



DURING READING

CHAPTER	QUESTIONS TO CONSIDER
How do we pack our backpack?	<ul style="list-style-type: none"> - Why do you think you should only pack as much as you can carry? - Are there some items on these pages that you currently have at home? What are some items you don't have? - What do you notice about the illustration of the backpack in this chapter? - How did the cross section of a backpack help you understand the best way to pack?
What should we wear?	<ul style="list-style-type: none"> - How does the author get you to pay attention to important information on this page? - What does it mean to "dress like an onion"? - How will you prepare for each of the seasons? - Take a look at what you and your peers are wearing right now. Do you see anyone prepared to go hiking?
How should we act?	<ul style="list-style-type: none"> - What are some examples of ways that we can treat nature with respect during a hiking trip? - The author wrote that "nature is calling." What does this mean and why should dad be farther away? - Why do you think we should keep away from certain plants and creatures in the wild?
Water safety	<ul style="list-style-type: none"> - Describe the different ways to use water during a hiking trip. - What are important things to remember? - How can we make sure that the water is safe to drink?



DURING READING

<p>What do we eat?</p>	<ul style="list-style-type: none"> - Why is it best to bring our own food? - What are some examples of nutritious snacks to bring? - What are some ways kids can help their parents during mealtimes during a hiking trip? - Name some important things to remember about building a campfire.
<p>What do we do if we get injured?</p>	<ul style="list-style-type: none"> - What is the important phone number to call in case of an emergency? - What is an important item to pack to prepare for injuries? - How can you avoid injury? - Do you have these items at home?
<p>How do we find our way?</p>	<ul style="list-style-type: none"> - What are some ways we can navigate our way during a hiking trip? - Have you ever used a map? - Imagine life without smartphones. How would this make life more challenging? What would you do on a hiking trip without a smartphone?
<p>How should we act?</p>	<ul style="list-style-type: none"> - What does the author recommend you do at home before your hiking trip to prepare for putting up a tent? - How will you know that an area is a good place to put up a tent? - What are some important items to have near your sleeping bag?
<p>What kinds of fun can we have outdoors?</p>	<ul style="list-style-type: none"> - Name some fun activities that you can engage in on a hiking trip. - Are there other things you can think of that are not mentioned?



AFTER READING

Now that you've read through the text from beginning to end, go back to reread it! Notice the tip that the author provided on the first page. Determine which person is doing the right thing on each page.

Go back to the text features chart and see if you can spot more that you missed.

You're going on a hiking trip! Work independently or with a small group of students to determine some objects you currently have at home for a hiking trip. What do you need to get? Create a list of items that need to be purchased before the trip.

Compile a list of DOS and DON'TS to share with a family member using the information you learned from the text.

DO	DON'T

AFTER READING

Drawing

Draw a self portrait of yourself going on a camping trip through the different seasons and conditions. What should you be wearing? Use labels, diagrams, and captions to help you.

SUMMER	FALL
WINTER	SPRING

Writing Response

Write a story about a group of friends or family members who decide to go on a hiking trip together. Consider the questions below and use what you've learned in this text to think of an interesting plot!

- Who are the characters in your story?
- What is the setting? Where do your characters decide to go hiking?
- What is the problem in the story?
- How do the characters solve the problem?
- Did the characters learn anything in the story?